

Welcome to Woodend



We welcome you to your stay at Woodend and hope it will be a memorable one.

Please bear in mind that we are situated within a working sheep and cattle farm. Other than the field that we own, the farm fields are out of bounds to guests and dogs.

If you haven't yet found our website, then please check it out at www.woodendhouse.co.uk as there is useful information on things to do in the area.

Please read the notes which follow - they're important and we hope you'll find them useful and informative.

We pride ourselves in combining comfortable and cosy accommodation within a quiet relaxing environment and we aim to provide everything you are likely to need for your stay.

If you have any problems during your stay then we will try our best to resolve them but please remember, **we can only help if you ask**, so please don't put up with something that you are unhappy with and only tell us on your return home!

The origins of Woodend go back to the 16th century and being located high on Birker Fell you have incredible views, (weather permitting), towards Scafell Pike, Crinkle Craggs and Bowfell.

Jella

General Information

Parking

Please park by the Buttery metal railings and gate with your bonnet towards the wall and not parallel. This allows other cars to park alongside you. If you have two cars, there is additional parking by the wheelie bins but again please park facing the wall.

Laundry

You are welcome to bring washing to Woodend Barn to clean and tumble dry. We can provide washing powder and fabric conditioner.

Please come to see us to make arrangements.

There is a clothes airer in the Buttery bathroom.



Smoking

We request that guests refrain from smoking in the Buttery.

If you smoke outside, discard your butts thoughtfully.

Internet Access

We have Satellite Internet connection which is quite fast.

The internet access point is called "Buttery"

Starlink will also show and if you find the Buttery

connection slow, this may be faster. The security password

you need for this is "Woodend1109". Avoid "Woodend Barn (Slow)".

Please **do not** factory reset the access points as it will then need setting up again.



Walking around Woodend

We are very lucky that the holiday cottages are in a unique situation whereby we are located in the middle of, and surrounded by, the farmland, so we benefit from watching the animals and general workings of a farm close up.

The lane leading from the fell road through the gate and past the holiday cottages ends at the farm and is a public foot path. It runs through the farmyard and out the other side and carries on to Devoke Water.

However, to protect both livestock and guests, the farmer has asked that guests stay out of all fields with the exception of the one where there is an alternative right of way, just before the farm.

It is well sign-posted and enables you to avoid the farmyard altogether. This is especially useful as the farmyard sometimes has cattle (and a bull) and can be very muddy and it also avoids taking your dog(s) past the working farm dogs.

Because of the livestock, please keep dogs on leads and under control when using this route as it goes through a working field.

Some useful general countryside rules to bear in mind



- Keep dogs under control
- Please close ALL gates
- Beware of the cows if you have dogs, especially if they have calves with them as they will be very protective.

Rubbish and Recycling

All bins are clearly marked so please follow the instructions.

Please put kitchen **BIN BAGS** into the Wheelie bins
NOTHING LOOSE please!



MAIN CAR PARK – Between Carport and Bath

- Recycling area for:
GLASS, TINS, CARD, PAPER & PLASTIC

WHEELIE BINS	SMALL DUSTBIN	METAL DUSTBIN
		
HOUSEHOLD WASTE ONLY	Doggy bags, small bags & loose items	Loose Ash

WHEELIE BINS

Unlike town collections, our bins are emptied by hand and not tipped into a large refuse collection vehicle, so please **DO NOT** put loose items in the **wheelie bins**, they are for your kitchen waste bin bags. Reaching in to empty them is not a pleasant experience!

Because we have dogs and foxes in the area, please don't leave loose bin bags anywhere other than in the wheelie bins.

Recycling

Because of the restricted vehicle access, Woodend doesn't qualify for a recycling collection vehicle, so we have taken on this responsibility ourselves.

However, as this will be done by hand, and taken to the recycling centre in our car, we would appreciate it if all bottles, tins and plastic packaging were **thoroughly washed** and **plastic bottles squashed** before being put into the appropriate container.



Everything else (paper sheets, plastic bags and flimsy plastic sheet, foil, etc.), can be put into your kitchen waste bin and that bag must be put into a wheelie bin in the main car park.

We recycle



- GLASS - Bottles, Jars, etc
- TINS - **Washed** please.
- CARDBOARD (Flattened), NEWSPAPERS and MAGAZINES
- PLASTIC - Bottles and Rigid Packaging - **Washed** (please!) and **SQUASHED** as small as possible, and **not plastic bags**

Pets

We do not make a charge for pets, but we would like to bring your attention to the following:

- Please bring additional covers if you think your pet will take over the cozy spots. We have spare throws if you need them.
- You as the owner take responsibility for cleaning and sweeping of the living areas that may result at the end of your stay. i.e. fouling, chewing and especially moulting!

Because we do allow dogs and there may be several here at one time, the working dogs from the farm can be nosey and sometimes roam up here, so please ensure that your dog is kept under control.



If you hear the farmer's quad or tractor approaching, then he probably has his dogs with him. Please keep dogs on leads, especially during the lambing season.

If you wish to wash the dog, there is a hosepipe by the Buttery railings and another to the right of the Woodend Barn sign.

Please **DO NOT** wash your dog in the bath as this is acrylic and will scratch

There is a small dustbin by the wheelie bins for "doggy waste bags"

In the very rare case of your dog getting a tic, there is a tic removal tool in the first aid box along with antiseptic wipes. If you're not familiar with their removal, there is plenty of information online about this.

Breakages and Damage

If you have a breakage, then please let us know so we can replace it for the next guests. We generally don't make a charge for small items, but glass for the log burner is £25



It may seem obvious but please keep tea towels away from the cooker when it's alight. We do get a scare when we see scorched and even burnt tea towels.

Services



Gas

The cooker runs off LPG and the bottles are located outside in the courtyard. If the bottle runs out, there is usually a spare ready and it should change over automatically. If not you may need to switch the empty one off and turn the full one (heaviest) on and change the position of the lever on the changeover valve.

Gas Cooker

A safety feature means that the control knobs must be held in whilst the ignition switch is pressed, and you should then hear a clicking before it lights. The main reason that people struggle to light it (especially the oven and grill), is that they don't hold the button in!



Dishwasher

Here are some instructions if it's not too obvious how it works.

There are some dishwasher tablets under the sink.

Cycle times range from "Prewash" (Prog 1) – 15 minutes

and "Eco" (Prog 4) – 3 1/2 hours

Load the dishwasher and add the detergent tablet.



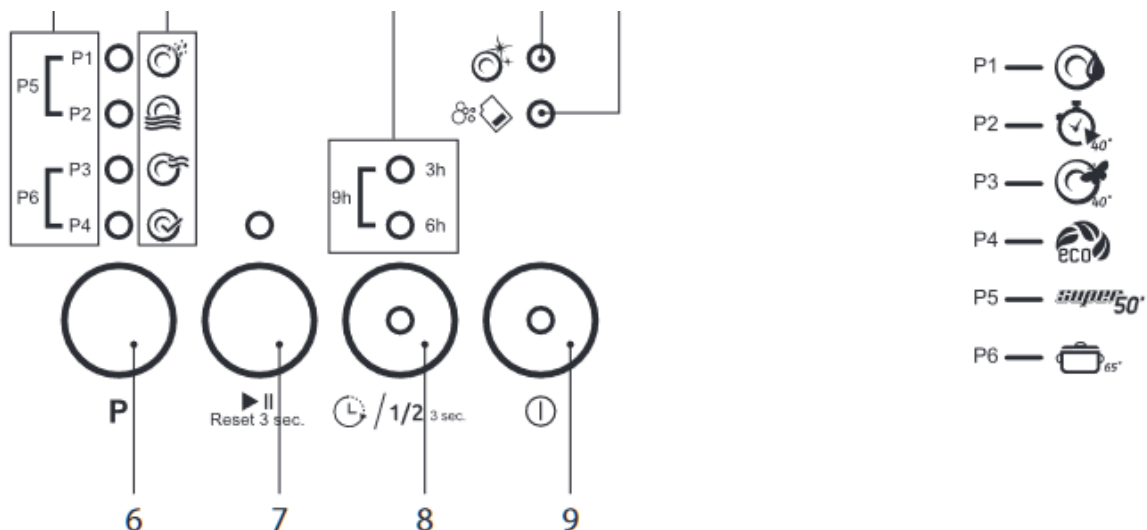
Press the On/Off button (9)



Press the "P" Program Button (6) until the wash cycle program required



Press Start/Pause (8)



Wash Cycles

1 – Prewash

2 – Quick

3 – Delicate

4 – Eco

5 – Super

6 – Intensive

The Log Burning Stove

During the colder weather and in the evenings, the heating may be supplemented with the stove.

The stove is a very efficient sealed unit and is designed to always be used **with the stove door closed**.



Please don't be tempted to load the stove with too much fuel and certainly **DO NOT** put coal above the level of the grate, which is there to prevent fuel falling out. Start small and add more fuel if you need to and please do not operate the fire with the front door open. Once you have mastered it, you should be able to leave it on all night (and all day if you go out), with the bottom vent opened very slightly. You can then revive it in the morning (or when you return) by opening the bottom vent fully and "riddling" it slightly to allow some air to get through.

If you are not sure how to light it, or are having trouble, there are some directions on the last page of this booklet.

We have provided you with firelighters, some kindling and coal. If you need more coal then please help yourself from the coal bunker outside, against the wall just through the opening to the courtyard.

Ash

Ash can be transferred to this container which is stored outside by the coal bunker. When you depart, please transfer the contents to the metal dustbin in the car park.



Logs

If you wish to use logs as well, we have provided you with a log basket. Please be careful that logs aren't too big as when you close the door there is a chance that the glass will get broken. (£25 replacement charge!)



A basket of logs costs £5, and if you need more kindling wood, this is available at £2.50 **per small carrier bag** which you can fill yourself. These are stored in the blue log store by the recycling area. Please help yourself and put your money into the white honesty box which is in the top right-hand corner of the right-hand section of the store.

Heating

The heating is by an overnight electric storage heater in the bedroom and an additional heater is provided as backup for the lounge in colder periods if you don't use the main stove.

The storage heater controls are locked but the heater has a "brain" and it takes on the correct amount of charge to heat the room for different outside temperatures during the year.

Leaving the bathroom door open when not in use will help to keep that room warmer although there is also a blow heater on the wall.



Cleaning

We provide adequate cleaning equipment and materials for you to look after the cottage both during your stay and to leave it in a clean condition when you depart.

There is a Hoover, broom, dustpan and brush and a mop.

We have provided tea towels for wiping crockery and utensils so please don't use them for anything else.

Pod Coffee Machine

There is a Dolce Gusto coffee maker in the kitchen, with a variety of coffee flavours to sample. It is straightforward to use, and each coffee pod has a setting on the top. Instructions are in the refreshment tray.



Kitchen Worktop

This is solid oak and needs a little bit of looking after. We do have to regularly coat it with Danish oil but please also:



- Use the cutting boards provided, do not cut directly on the surface,
- Use the trivets provided for hot pans and the kettle,
- After use, ensure the worktop is dried as puddles of water and wet metal items can, over a period, stain the wood (e.g. overnight)
- Make sure the dish draining rack spout is pointed over the sink.

Your co-operation will help to retain its effectiveness and visual appearance.



Water

Please don't be alarmed if the water appears slightly discoloured, (especially if it has been raining). This is perfectly normal and is a result of the water supply.

All water is filtered and then treated by ultra-violet light so is safe to drink. The supply is checked annually by the local environmental health department and always reaches their strict standards.

The stop cock is located in the Barn.

Hot Water

The hot water is heated overnight in a tank by an immersion heater which is located in the top of the tall cupboard in the kitchen.



If you need more hot water, certainly if you want a bath later in the day, please turn the knob on the bottom left that says *Boost* and it will switch off automatically after 1 hour.

Bathing

The bathroom floor is on an incline and water runs down and under the bedroom floor so please don't use the hand spray to shower. Thank you!



Because the water is heated by the tank there isn't an unlimited supply of hot water, (like you may have at home), so you should fill the bath with hot water first (without draining the hot water tank completely) and then add the cold water.

Please be aware that the water can become extremely hot so take care, especially when bathing.

The Room Beyond the Door!

At the bottom of the stairs, through the locked door, is our freezer storage room and cleaning materials store so very occasionally you may hear us rummaging in there.

While you are "in residence" the other door from our side will always be shut and to lessen the intrusion we will only access the room if absolutely necessary.

Telephone

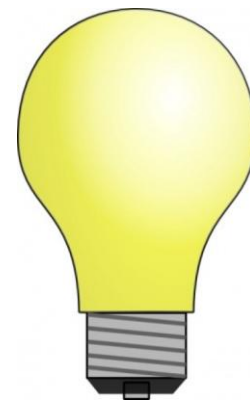
As you have probably found, there is no mobile phone reception here, but you may have Wi-Fi calling or WhatsApp. There are areas of reception along the Fell Road between Ulpha and Woodend around Crosbythwaite Farm and much of Eskdale.

If you are struggling and need to contact someone urgently, you are welcome to use the phone in the Barn.



Bulbs and Batteries

There should be some spare bulbs in one of the dresser drawers but please come to the Barn if you need more or if you need batteries for remotes, the clocks or the fire alarm.



Please don't throw our rechargeable batteries away, leave them on the dresser so we can recharge them!



Outside Lights

One is automatic and the one by the door is manual. The switch for the manual one is indicated and located above the drainer on the kitchen. Switch it on if you go out and return on dark evenings but it doesn't need to be left on all day.

Television

TV reception here is poor so we have provided a Sky box. If you aren't familiar with the sky system, switch the TV on with the TV remote and then use the sky remote to select programs.

The PIN is 1234

Smart TV

We have provided a Smart TV so using your account you can watch things like Netflix and Amazon, but you need to input your own login details. If you only have the subscription that allows use of one TV at a time, then I would suggest that you remove your details before you leave to save it imposing on your own account.

How to use your Sky remote control

You do not have the programmable features of Sky+ so these buttons will not do anything: **Play, Stop, Pause, Rewind, Fast forward & Record.**



These buttons will apply to the non-Sky+ box that you have:

- **tv:** Pressing this button puts your remote in TV mode.
- **sky:** Sets your remote to control your Sky box.
- **Standby:** Switches your Sky box into standby mode.
- **tv guide:** Brings up your seven-day TV listings in the Sky Guide

- **box office:** Displays your Sky Box Office movies that you can't access
- **i:** Gives you more details about the programme you're watching or have highlighted in your Sky Guide.
- **Arrow buttons:** Let you navigate the Sky TV menus. When watching live TV, the **right arrow button** will show you what's on later the channel you're watching, and the **up/down arrows** let you browse through the other channels without switching away from the channel you're on.
- **select:** Confirms your choices in the Sky TV menus
- **ch +/-:** Changes the channel up or down.
- **back up:** Returns you to the previous page at any point within the Sky TV menu.
- **help:** Displays your Audio Description and Subtitles settings when watching a programme. Pressing **help** in the Sky TV menu will display instructions on how to navigate the menus.
- **Red, green, yellow and blue buttons:** The coloured buttons help you navigate when you're in the Sky TV menus by giving you handy shortcuts. You'll see them listed at the bottom of your screen

Problems getting a picture?

It is possible, with a little bit of "panic button pressing" to set the TV so it doesn't recognise the signal from the Sky box and shows "No Signal".

To rectify, make sure that the Sky box is on (showing a green light).

Press the button on the **TV Remote** marked "**Source**". Scroll to "**HDMI 1**" and select that. It should then work.

Using the DVD

The drive is located behind the right-hand side of the TV and a DVD is just slotted in. Press the button on the TV Remote marked "Source" scroll to "DVD" and select that. Don't forget to set it back to "HDMI 1" to view Sky again.

Fuse box

The consumer unit for the Buttery is located in our kitchen next door. If the main supply fails and all switches are on, please come to the Barn and we will check it over here.

USB Charging

There is a socket with USB charging in the kitchen over the worktop.

This is suitable for charging tablets and smartphones.

If you are short of leads, then please come and ask.



Candles

We usually provide a few candles and tea lights and spares can be found in a drawer in the dresser. Please use these responsibly and use the holders provided to avoid burning any surface and dripping candle wax.

Obviously, this can be a fire hazard so keep well away from flammable areas and snuff out when you're not there and at night.

The Barbeque

The BBQ is stored under a cover outside and the tools are in the blue dresser. Please feel free to position the BBQ wherever it is convenient for you but at the end of your holiday please replace the cover securely as it can get rather windy up here!

For storage purposes, the gas bottle isn't connected. It can be fitted by pushing the regulator onto the bottle with the green icon facing upwards and then turning the knob (gently) until the red icon is facing upwards.

To remove the regulator, whilst the green icon is facing upwards, push the knob in to release it, there is an arrow on it to show this.

I haven't found the spark "ignition" to be particularly effective so you may find it easier to use the gas lighter from the log burner.

If you use the BBQ

After you have used it, it is possible that it may not be used for week or two, so our main concern is that it is all left in a clean condition ready for the next guests.

Please clean and dry:

- the BBQ tool set before replacing in the case,
- the cooking grill as best you can, there is a wire brush available in the tool set,
- any areas that get splashed whilst cooking (eg. Around the edge of the cooking bowl, underside of lid, etc.)
- the fat collecting bowl, if it is full, found directly under the bowl below the burners

We have provided this to enhance your holiday, but we don't really want to have to spend a lot of time cleaning up after its use or fend off complaints because of the way it is left, so it would be greatly appreciated if you could respect this.

Emergencies

Fire Precautions

There is a fire extinguisher situated at the top of the stairs, next to the TV unit/bookcase



The combined Smoke alarm/Carbon monoxide detector is located above the stairs. The button can be used to “hush” the alarm if you burn your toast!

Torch/Emergency Lighting

Being so far “off the beaten track” we do occasionally have power cuts (once or twice a year).



There is a rechargeable torch that doubles as an emergency light if there is a power cut (if it's left switched on). This is located to the right of the dresser. You are welcome to use it as a torch but please leave it in the charger when not in use.

If it “disappears” we will be forced to bill you for £20 as a replacement.

First Aid

There is a First Aid kit in a plastic box in the dresser.



Problems during your stay

If you have any problems during your stay, then we will try our best to resolve them. We can usually sort things out quickly but if it means organising someone to come out, please be patient.



Please remember, **we can only help if you ask**, so please don't put up with something that you are unhappy with and only tell us on your return home.

Please remember that if you don't bring to our attention any problems or give us the chance to address any issues during your stay then there is a chance that the guests following you will initially be faced with them as well.

We are usually in residence, (blue Suzuki Ignis)

Failing that you can try reaching me on 07752815834 and leave a message if necessary.

Walks in and around Woodend

Located as it is at about 950 feet above sea level, Woodend tends to get poorer weather than the surrounding valleys, but this means that even if rain is spattering the windows, it may well be dry down in the Eskdale and Duddon Valleys. Moreover, even though Cumbria is notorious for its dampness, it doesn't often rain all day. If you have a computer, it's worth checking the Met Office's rainfall page, which gives you an idea of what the weather's going to do in the next few hours. I find the BBC weather App quite accurate if you put in Ulpha or Eskdale as your location.

There are many walks in the neighbourhood which can be done in a couple of hours before bad weather arrives, or later in the day when it is passing.

Devoke Water

The most obvious walk is to the tarn, Devoke Water and Devoke Seat, reached via the farm and track beyond.



An alternative route is shown earlier on in this booklet. You can extend this walk by going all the way round the tarn (somewhat boggy), and it is well worth a detour to the old boathouse.

The top of the Seat itself is most easily reached from the side furthest from the tarn, and it well worth the effort on a clear day. The 360-degree view is magnificent taking in the view up to Eskdale, the Langdales and on a clear day out across Ravenglass to the Isle of Man.

The low hills beyond the tarn are littered with the remains of the stone dwellings of people who lived here in pre-history. It has been suggested that their clearance of the surrounding forest was partly responsible for making their hunter-gatherer existence unsustainable. A much larger settlement existed at Barnscar, beyond the tarn a mile or so and down towards the sea. Evidently the conditions at one time supported many dozens of people living together in one place.

A shorter walk simply goes back to the gate, returning along the road. You will already have driven along it, but you will see much more on foot, both in terms of views to the hills and variety of wildlife (flocks of linnets often to be seen; fieldfares in winter; there are reports of otters by the stream, badgers and Hares at night).

We wouldn't recommend continuing round to the tarn over the fell as it is very boggy and hard going.

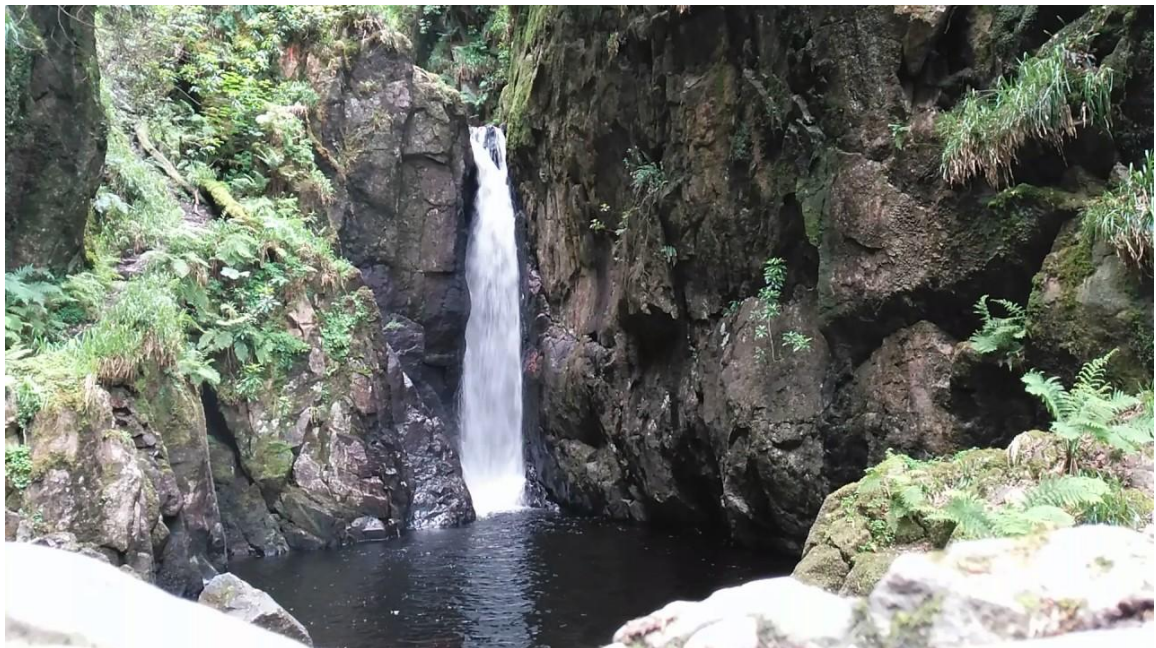
Stanley Ghyll

Stanley Ghyll Force is a 60-foot-high waterfall in a dramatic deep and narrow gorge, where rhododendrons on high ledges and precipices and a series of wooden bridges give an almost oriental feel to the area.

Extreme care is needed in places, as the path is very steep and unfenced.

From Woodend this can be reached on foot quite easily as it's only a couple of miles away. However, if you prefer to leave out the boggy walk across to Devoke Water boat house, you can park at the crossroads on the Fell Road.

If walking from here, take the track leading from the boathouse at Devoke Water to the fell road (where you can park your car), and go across the fell road at the crossroads bearing left through the farm before Birkerthwaite, (a small community of mostly holiday cottages).



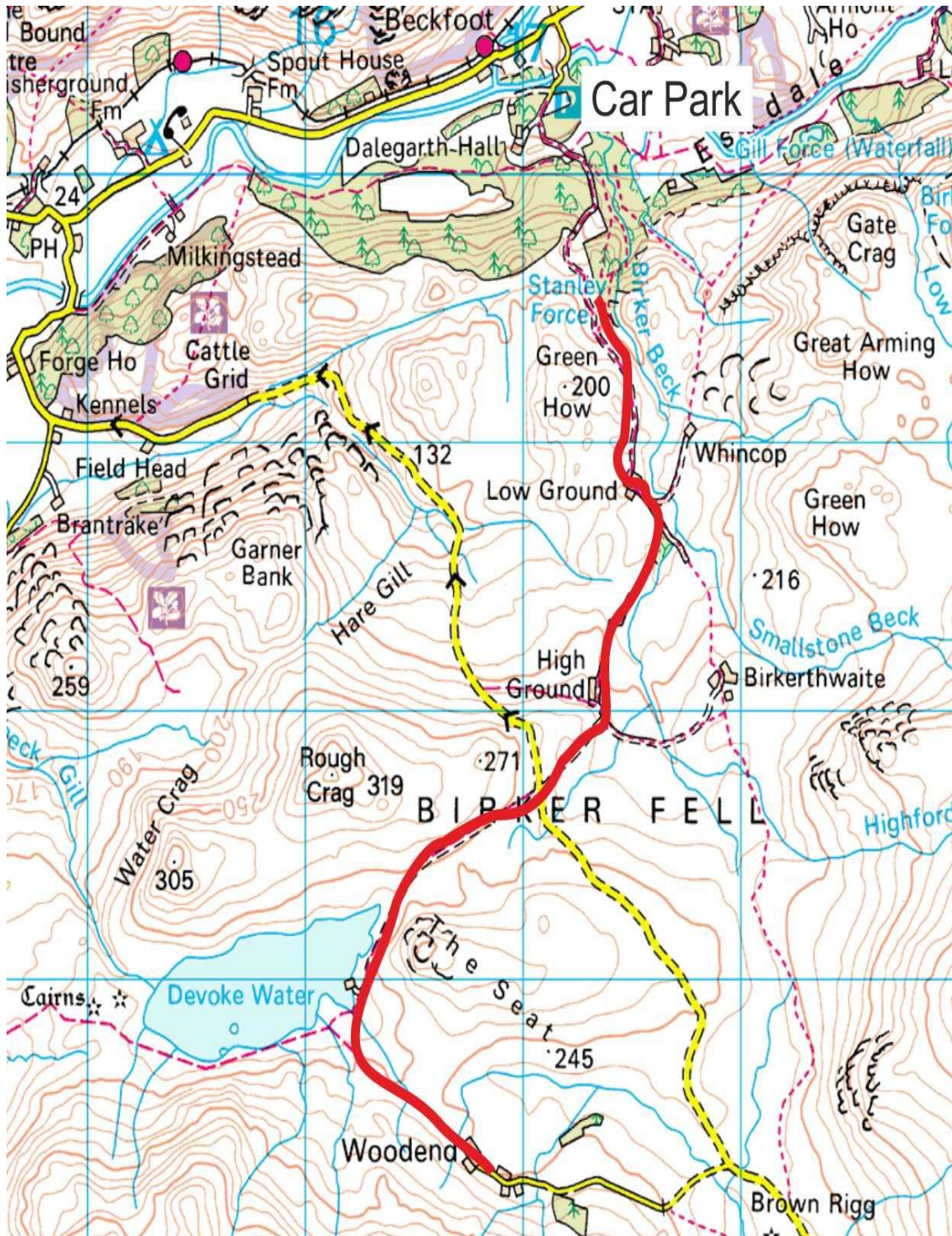
Once you have found Stanley Ghyll, if you carry on down the ravine you will reach Boot and it is then possible to add another 6 miles to the walk by walking back up the valley and then turning left at the King George IV and following the road uphill onto Birker Fell.

Alternatively, you can park in a car park down in the Eskdale Valley situated up a right turn off the road between Beckfoot and Dalegarth stations before you get to Boot. From here a track leads up the wooded ravine. The beck is particularly impressive after rainy weather.

The following map shows the footpath from Woodend to Stanley Ghyll

Please do not remove this map from the folder.

There should be spare copies at the back.



Scafell Pike and Wast Water

Having looked at it from your windows and gardens, this is one of those mountains you just have to climb, it being the highest in England at 978 metres (3209 feet). There are superb 360° views from the top with the whole of Lakeland laid out below you.

When this side of the Lake District, most people will walk to Scafell from Wasdale Head, where there is a convenient car park (and pub to celebrate your return!) The map shows the easiest way to get to the start point by car. It's only about 15 miles from Woodend but allow ¾ hour to get there as it can be very busy at certain times of the year.

The journey to Wasdale Head itself is worth the trip for the spectacular views and if Wast Water is still, the reflections of the screes are amazing. If one word had to be used to describe this walk it would be "stone". You ascend stony tracks (either "manicured" or natural), the top is one huge pile of stones. The descent is also stony.

Please observe all the safety rules when walking and climbing. Possession of the appropriate equipment and knowledge of navigation by map and compass are essential for your safety.

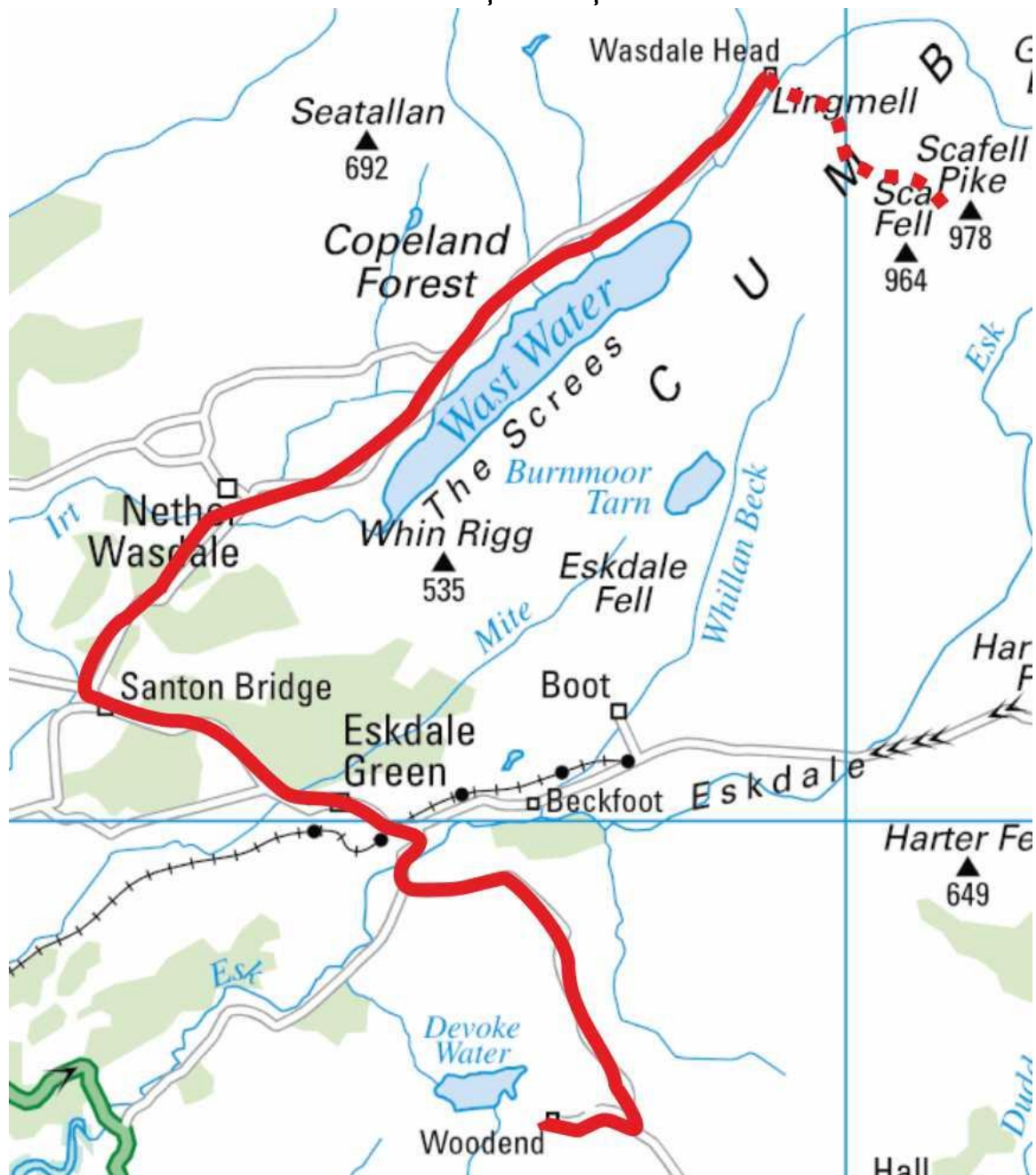
If you aren't a seasoned walker then do allow a whole day for this and certainly make sure that you have returned to the bottom before dark, especially in the winter months when this may well be around 4.00pm

If you intend to walk Scafell, a good practice is to advise us of an estimated return time, your car registration and contact details.

There is a section on "Walking Basics" 2 pages further on and a folder with the other books titled "New Hill Walkers" which is well worth a read.

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There are several paths as you will see on a map but if you are looking for something sensible, then this page from the website of The Wasdale

Mountain Rescue Team is worth reading when you are planning your ascent:

www.wmrt.org.uk/the-easiest-way-up/the-easiest-way-up-scafell-pike/

Walking Basics

We're not suggesting that our guests don't know what they're doing when out walking on the higher fells and mountains. However, people who aren't used to this terrain can very easily get caught out when the weather turns against them.

We are speaking from experience here with an unfortunate incident involving two guests getting stuck on Scafell Pike. They probably only survived because the local Mountain Rescue took 136 man hours to find them after they just managed to get an emergency mobile phone call out at 4.00pm and they weren't found until 10.00pm They were ill equipped, in fact in their case weren't equipped at all, for the sudden changes that they encountered in weather, light and temperature later in the day.

As a result, we have put together an "essentials" pack. We thought long and hard about this because we were unsure if people who weren't experienced would consider themselves safe if they use this. That certainly is not the case, you still need to know what you are doing as well as make sure you have appropriate clothing and footwear. If you would like to borrow it for a particular walk, then please come over to the Barn to borrow it. As we only have one it's on a first come first served basis.

It's a very small rucksack and includes:

Map and waterproof case	Compass	Headtorch
Survival Shelter	Whistle	Space Blankets
Waterproof notebook	Water Bag	First aid kit
Kendal Mint Cake (Please replace if you eat it!!)		

Driving and Cycling

Eskdale Valley/Hardknott/Duddon Valley

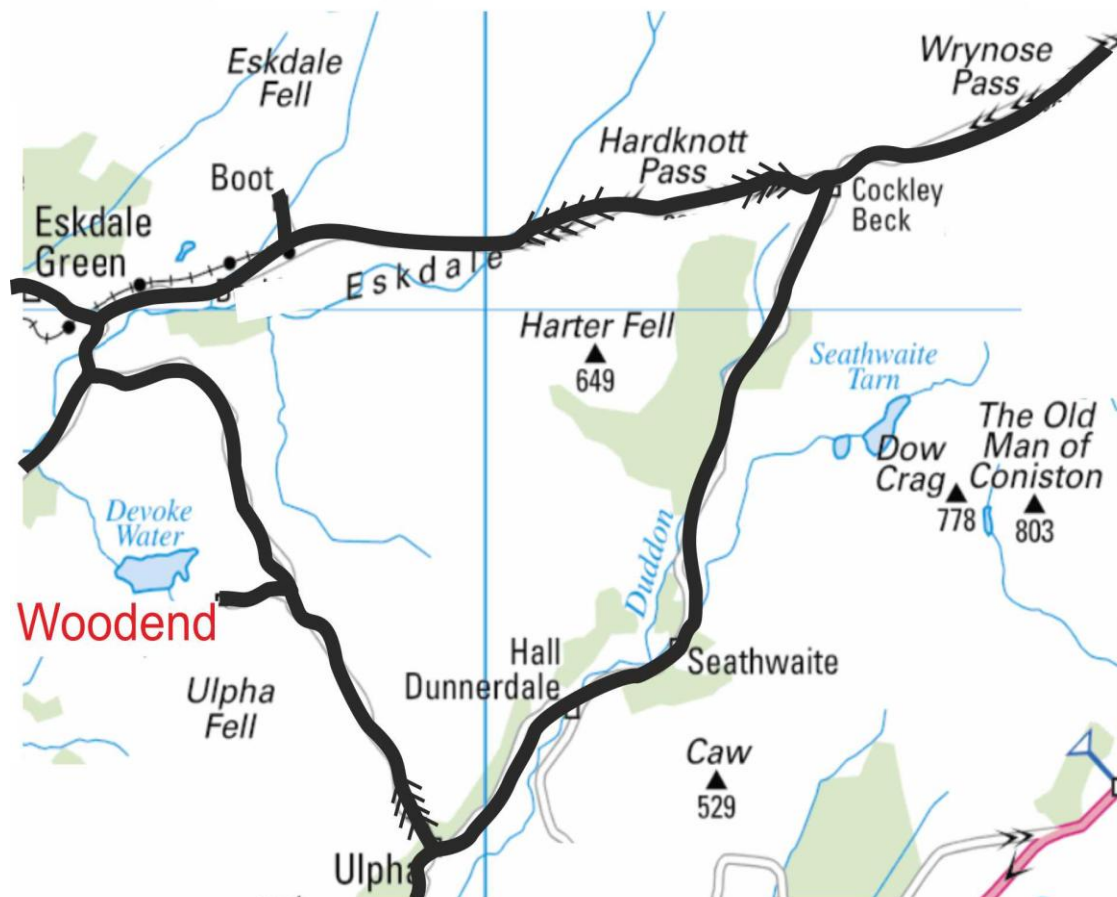
Just over 20 miles and allow ½ a day for stops.

This is a circular drive and can be done either way round but basically the two valleys meet at the junction of the Hardknott Pass and Wrynose Pass. You can turn left at the fell road, turn right at the King George towards Boot and this takes you up past the Roman Fort and down to Cockley Beck. At this point you can then turn right and head through the Duddon Valley and Seathwaite until you get to the steep 1 in 4 hill that you probably came up when you arrived at Ulpha.

You do pass 4 roadside pubs!

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The Duddon Valley

Described as “The Jewel in the Crown of the Lake District”, the tiny villages of Ulpha and Seathwaite are two focal points of the valley.

Here are some of the places worth a visit whilst meandering down the valley. There are plenty of places to stop and walk from and why not have a meal and a pint in the **Newfield Inn** - 9

1 - Frith Hall

Frith Hall is visible as a romantic ruin on the skyline as you drive up the valley. Four hundred years ago it was a hunting lodge overlooking the deer park of Ulpha.



2 - Birks Bridge

The picturesque stone pack horse bridge spans a ravine and probably dates back to the 18th century. One interesting feature is a series of drain holes built into the bridge parapets.

3 - Forestry Walks

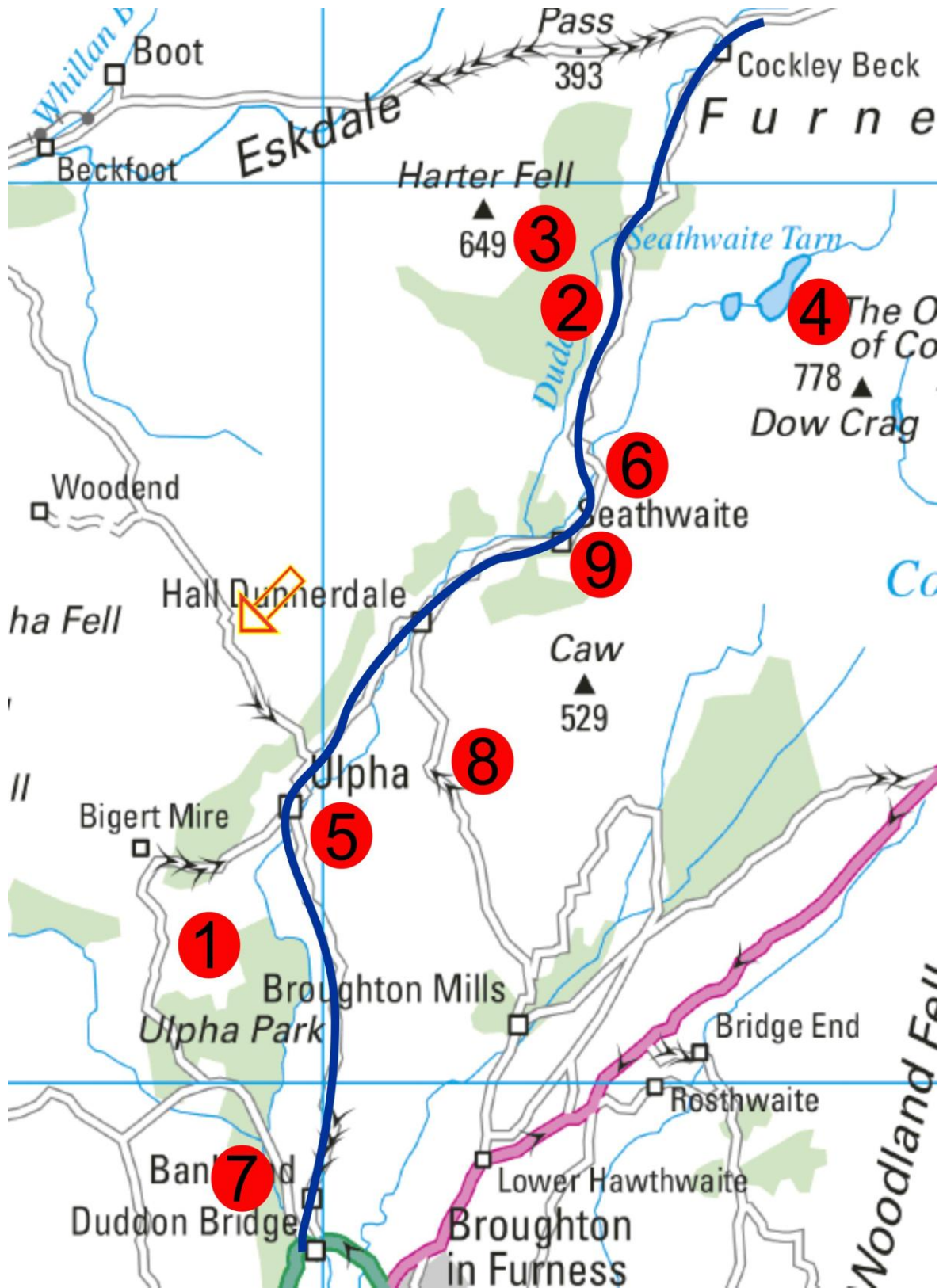
Just up from Birks Bridge is a Forestry Commission parking and picnic area. From there you gently rise as you walk up through the forest with views back towards Walna Scar.

4 - Seathwaite Tarn

In 1904 the dam at Seathwaite Tarn was built to supply the expanding town of Barrow-in-Furness with water. The Newfield Inn will provide you with a fishing licence.



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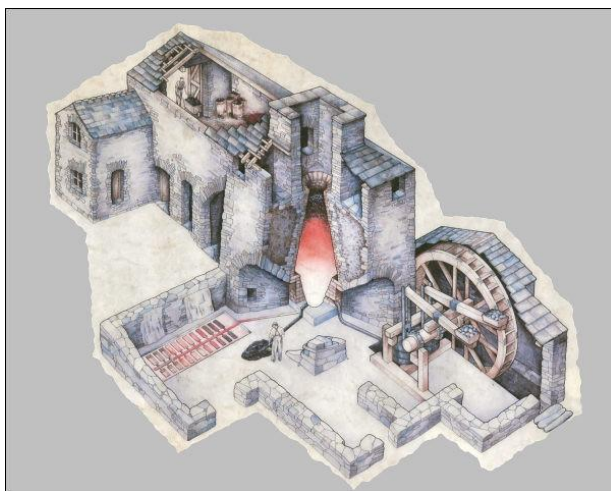
5 - Ulpha Church and 6 - Seathwaite Church



Ulpha church is a testament to the craftsmanship of one-time parishioners with the altar itself carved from a local cherry tree. There are still the remains of wall paintings high up on the inside of the church.

Industry

The fell side provided the Duddon with its greatest resource. Waterpower from the river was utilised by both the Bobbin Mill (on the road out of Ulpha just before you get to Ulpha bridge) and corn mill at Ulpha. Quarrying and the sale of slate, the only local building material, brought valuable income into a once self-sufficient community. The workings of the quarries are still visible on the hillside.



7 - Restored Remains of the Duddon Iron Furnace

Iron ore was mined in Furness and West Cumbria from the middle ages onwards and smelted in primitive hearths or bloomeries. Established 1737, the Duddon Furnace was supplied with charcoal from the

ancient coppiced woodland nearby. The restored remains are of one of the most impressive charcoal-fired blast furnaces in Britain.

The Eskdale Valley

The Valley of Eskdale is home to the villages of Boot, Eskdale Green and Ravenglass. The river Esk starts its journey high in the fells and the stream swelled by many becks becomes a river and encounters its first road at the foot of Hardknott Pass before taking on a gentler character as it passes through some of the most beautiful oak woodland in Cumbria. The Esk is responsible for carving this remarkable landscape which is both picturesque and dramatic with majestic high peaks, stunning waterfalls and rolling green hills. There are plenty of places to stop and walk from and why not have a meal and a pint in one of several pubs, ie. The Woolpack Inn - 2, The Brookhouse Inn - 3, The Boot Inn - 4, King George IV - 7, The Bower House - 10, The Bridge - 12

There should be spare copies of this sheet at the back.



1 - Hardknott Roman Fort

This remote and dramatically-sited fort was founded under Hadrian's rule in the 2nd century. Well-marked remains include the headquarters building, commandant's house and bath house.

5 - Eskdale Mill

Located in Boot, Eskdale Mill still boasts an historic overshot waterwheel with working machinery, is one of the oldest water powered corn mills in England, and now the last remaining working mill in the Lake District. This historic building and its unique machinery, has been Grade 2 listed and is a vital survivor of a vanishing heritage.



6 - Ravenglass and Eskdale Steam Railway

The "La'al Ratty" narrow gauge railway runs 7 miles through spectacular scenery between Dalegarth in Boot and Ravenglass.

8 - Giggle Alley Japanese Garden

Following decades of neglect the garden is now restored by local volunteers and Forest Enterprise. There are thickets of bamboo, a stunning display of Japanese maples and the heady scent of azaleas in the spring. The whole forest is open to the public and makes for an ideal Sunday afternoon walk.

9 - Eskdale Stores

As well as a well-stocked shop selling fresh and local produce, they sell a range of outdoor clothing, walking accessories and maps

11 - Santon Bridge Craft and Gift Shop

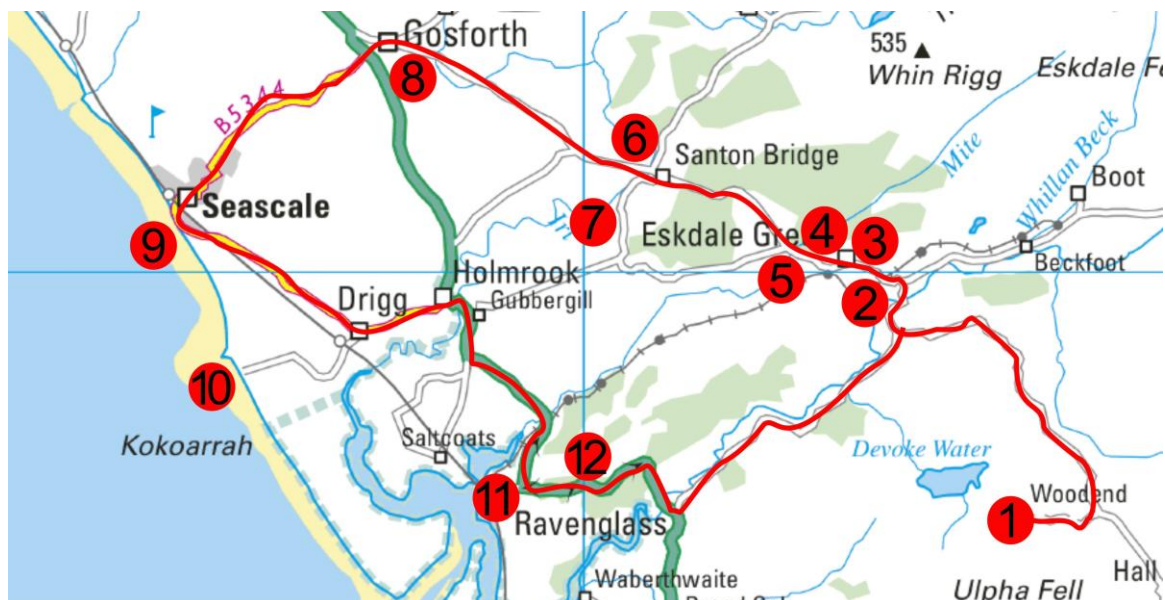
Described as an Aladdin's Cave of gifts and ideas. As well as paintings and prints, the shop sells quality knitwear, jewellery, sheepskin products, books and toys, and there's **The Woodlands Tea Room** next door.

Scenic Drives

Any drive around this stunning area is going to be “scenic” but these suggestions might get you started. Even if you use them as a starting point and venture off the routes there’s plenty to see wherever you are!

Scenic Drive: Eskdale – Santon – Gosforth – Seascale – Drigg – Ravenglass

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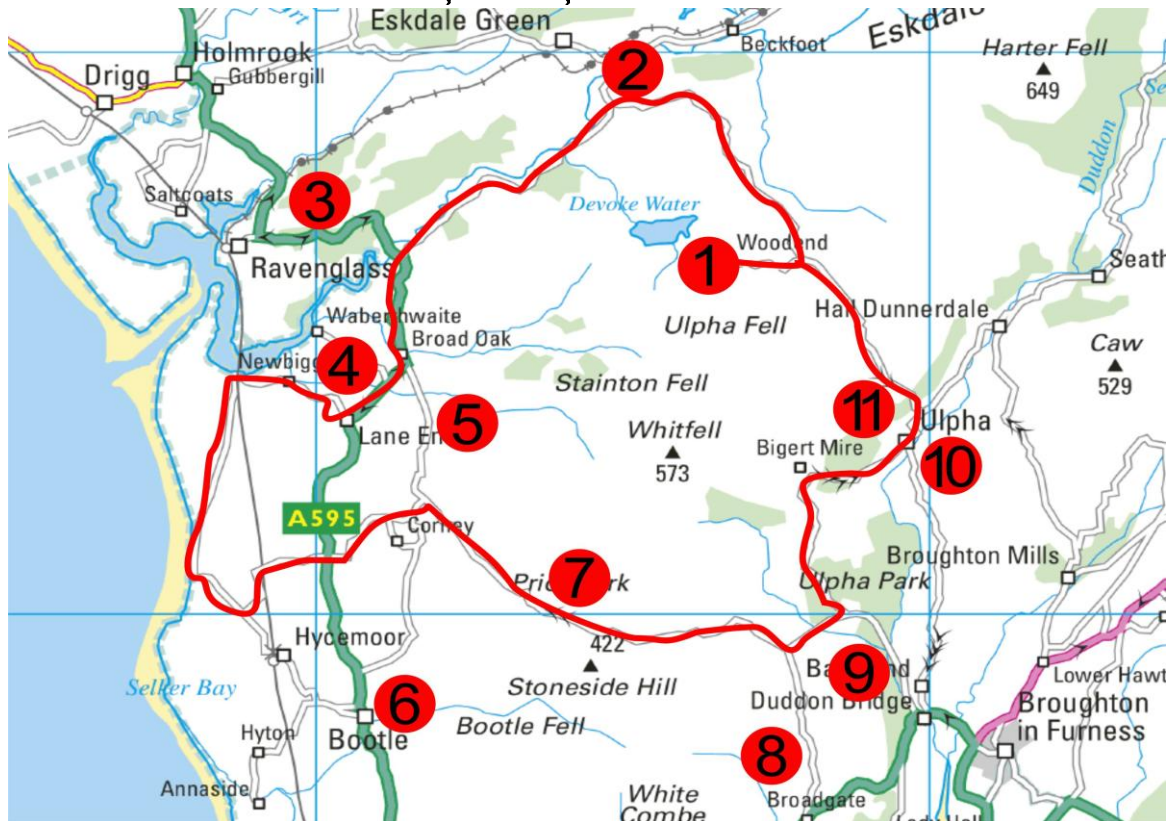


This drive takes you through Eskdale (shop and pubs) and out to Gosforth (bakery). If the tide is out there are long sandy beaches at Seascale and Drigg. Ravenglass is home to one end of the “La’al Ratty” steam train and various gift shops and some nice pubs. On the way back, you will pass Muncaster Castle before heading up the Birkby road towards Sword House (home of the Eskdale Hunt hounds), and back onto Birker Fell before returning to Woodend.

- | | | |
|------------------------|--------------------------|-----------------------|
| 1 – Woodend | 5 – Bower House Inn | 9 – Seascale Beach |
| 2 – King George IV Pub | 6 – The Bridge Inn | 10 – Drigg Beach |
| 3 – Giggle Alley | 7 – Gift Shop & Tea Room | 11 – Ravenglass |
| 4 – Eskdale Stores | 8 – Gosforth Bakery | 12 – Muncaster Castle |

Scenic Drive: Eskdale Green – Muncaster – Waberthwaite Bootle – Corney Fell – Ulpha

There should be spare copies of this sheet at the back.



Turn off down the Birkby Road opposite Sword House (home of the Eskdale Hunt hounds), and this takes you onto the A595 coast road. At Waberthwaite turn towards Newbiggin and there's a nice drive past Eskmeals MOD firing range towards Bootle. Go onto Corney Fell and there are some stunning views over the coast. Before you get to Broughton, turn off through Logan Beck and you will come out just past Ulpha bridge before returning to Woodend over Birker Fell.

- | | |
|--------------------------------|---------------------------|
| 1 – Woodend | 7 – Corney Fell |
| 2 – Sword House (Eskdale Hunt) | 8 – Swinside Stone Circle |
| 3 – Muncaster Castle | 9 – Duddon Iron Furnace |
| 4 – Waberthwaite and Newbiggin | 10 – Ulpha Church |
| 5 – The Brown Cow Inn | 11 – Ulpha Post Office |
| 6 – Bootle (stores) | |

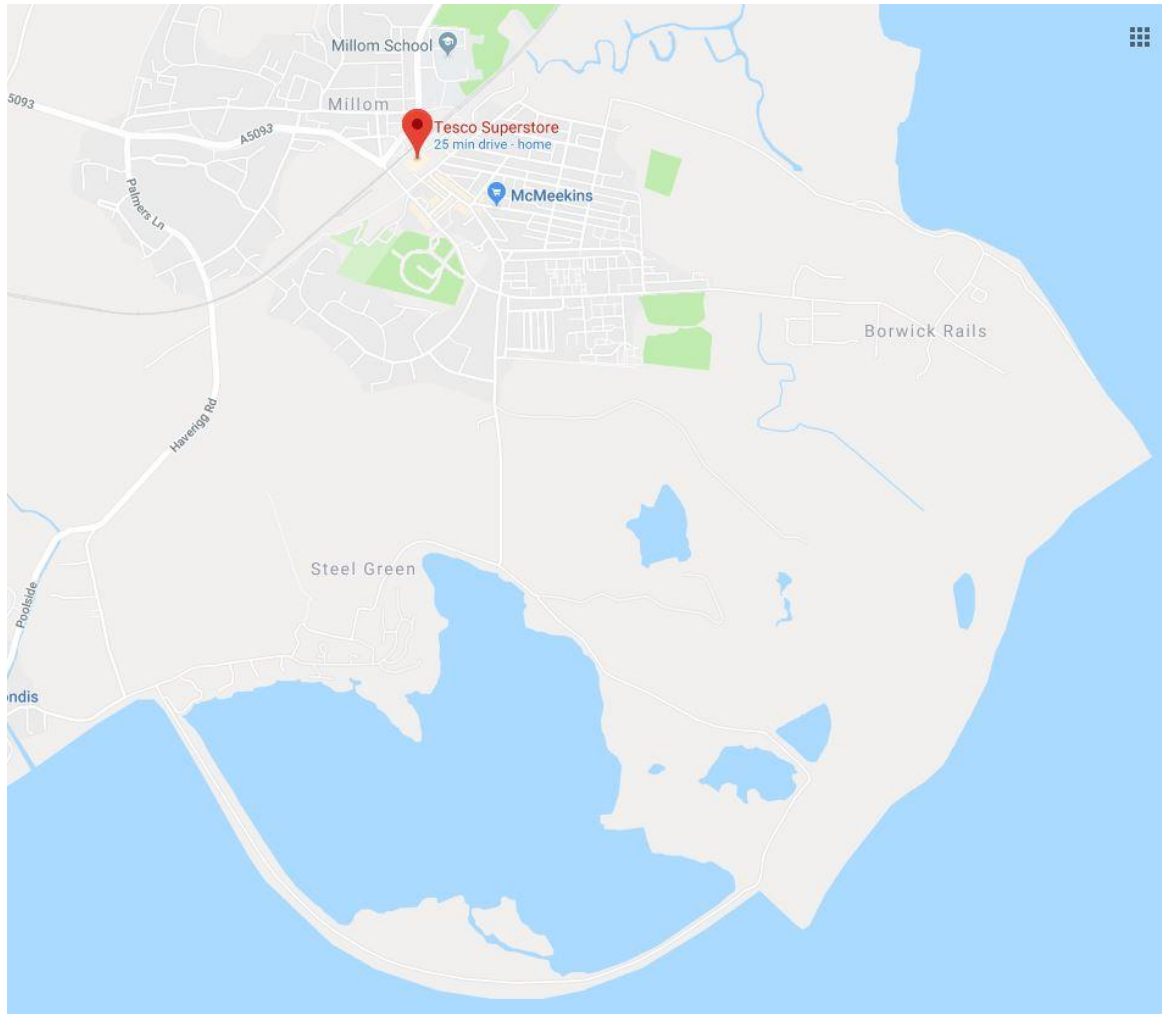
Hodbarrow Lagoon and Nature Reserve

This is well worth a visit and if you find yourself going to Tesco in Millom, I recommend that you search it out. The Hodbarrow Reserve, owned by the RSPB, is located between Millom and the village of Haverigg and is situated where the River Duddon meets the Irish Sea.

Large numbers of wading birds and waterfowl can be seen. Common, Sandwich and Little Terns can be sighted from the hide on the sea wall, oystercatchers, herons, grebes and cormorants, spotted redshank and black tailed godwits can also be seen.



It is the site of one of the largest of the West Cumbrian iron mines worked between 1848 and 1968 and produced about 25 million tons of hematite ore.



The mine is situated on the coast and to work the deposit a succession of barriers were constructed to keep back the sea. What remains now is the huge outer barrier which was constructed from slag faced with concrete blocks on the seaward side.

You can park and then walk around the sea wall, but the wall is very wide (several tens of metres in places) and you can drive around it.

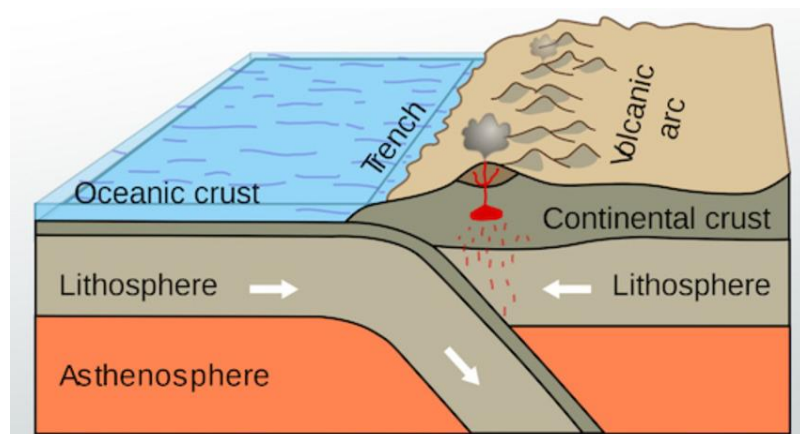
The lighthouse at Hodbarrow Point is over a hundred years old, being constructed in 1866 by the mining company to aid shipping up the treacherous channel of the Duddon. The structure has a thirty-foot tower and has recently been restored with money from the Heritage Lottery Fund.

The Geology of Birker Fell

In the last hundred years scientists have gradually come to a consensus: the best explanation of the earth's surface structure is that the continents are plates which drift infinitely slowly across the planet's molten interior. These plates have not always been where they are now; for example, the Atlantic Ocean has opened and closed at least once previously as the continents ground together and then drifted apart.

Geologists refer to the last forerunner of the Atlantic as the Iapetus Ocean and believe that the rocks that form the Lake District were largely laid down about 450 million years ago during the Ordovician period when the two land masses enclosing Iapetus collided. They believe that the land mass to the

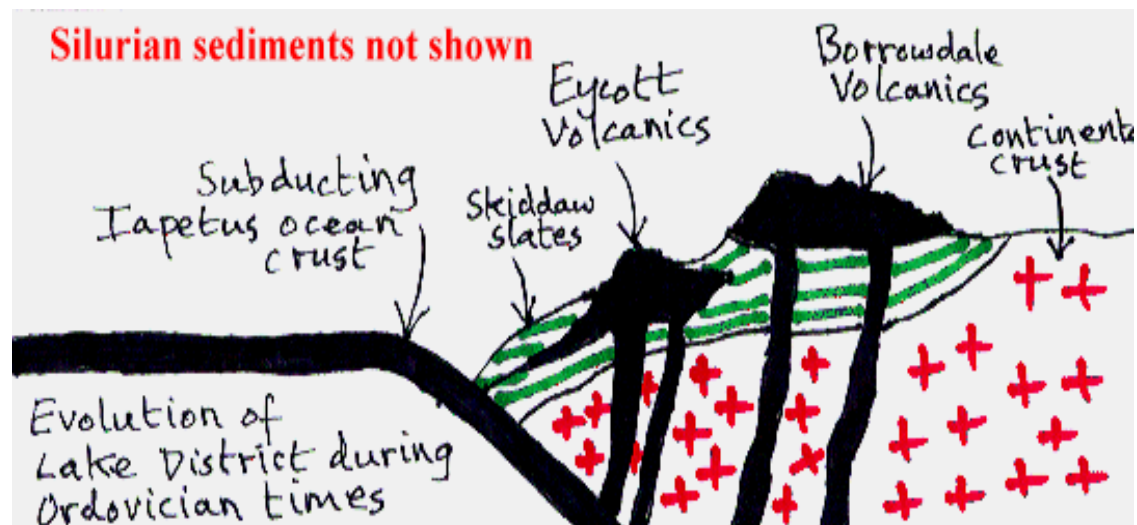
present north west was slowly forced under that to the south east, a process known as subduction, and that the cracking to the earth's crust led to a long chain of



volcanoes which spewed out molten lava from the earth's core. Examples of similar volcano chains can be seen in several places around the world where subduction is taking place, for example in the South Seas around Hawaii.

The local join of the two continents is thought to be under the Solway Firth to the north of the Lake District. When the continents drifted apart again millions of years later, forming the Atlantic ocean, the plates did not split in the place they had joined, and a chunk of what is now the

North American plate was left tacked on to Europe, leaving behind in Scotland some of the mountains that piled up when Iapetus closed (others make up the Appalachian mountains in North America). The extent and height of the stumps that remain, north of a line from Arran in south west Scotland to Stonehaven in the north east, give a clue as to their Himalayan proportions.



In the Lake District the lava-based rocks that poured out of the cracking crust as the Iapetus Ocean closed are known as the Borrowdale Volcanic Group, and the Birker Fell Formation is thought to be the lowest, and hence oldest, part. The central and northern areas of Birker Fell are dominated by andesite, a fine-grained rock whose lava cooled quickly at the surface. Within the andesite lava flows are rocks known as tuffs, found for example south west of Devoke Water, made up of debris blasted out with the lava. The south and south-eastern portion of the fell is composed of a sequence of these tuff beds, overlying the Birker Fell Formation and forming the next layer of the Borrowdale Volcanic Group rocks.

No matter how wild the weather outside now, things were wilder still in the Ordovician period.

Outdoor Activities

Cycling and Bike Hire

Lake District Bikes

Lowick LA12 8DX

Phone: 07887 731552

www.lakedistrictbikes.com

Grizedale Mountain Bike Hire

Grizedale LA22 0QJ

Phone: 01229 860335

www.grizedalemountainbikes.co.uk

Horse Riding

Fell Trekking on Cold Fell

Bradley's Riding Centre

Cleator CA23 3AQ

Phone: 01946 861354

www.walk-rest-ride.co.uk

Beach Trekking

Murthwaite Green Trekking

Silecroft LA18 5LP

Phone: 01229 770876

www.murthwaitegreen.co.uk

West Lakes Adventures

Just a few miles from us, down in the Eskdale Valley at Boot. They provide instructors and equipment for a range of levels of outdoor activities, including; Ghyll Scrambling,

Canyoning, Canoeing, Rock Climbing, Abseiling, Archery, Kayaking, Mountain Biking and Mountaineering.

Phone: 019467 23753

www.westlakesadventures.co.uk



Golf

Eskdale Golf Course

Ravenglass CA18 1RL

Phone: 01229 717680

Seascale Golf Club

Seascale CA20 1QL

Phone: 019467 28800 & 28202

Local Tourist Attractions

Ravenglass and Eskdale Steam Railway

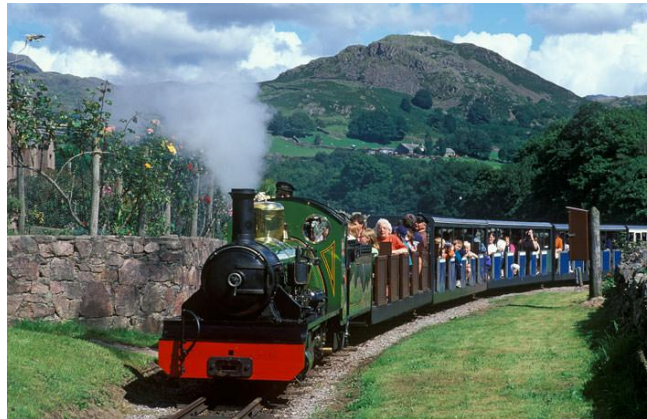
The “Laal Ratty” narrow gauge railway runs 7 miles through spectacular scenery between Dalegarth in Boot and Ravenglass.

Park at Dalegarth, take a trip to Ravenglass and explore and have a meal and pint in one of their local pubs and return a couple of hours later.

Timetables can be found online.

Phone: 01229 717171

www.ravenglass-railway.co.uk



Muncaster Castle, Gardens, Hawk and Owl Centre

A full day out and something for everyone, including:



- Historic haunted castle, Himalayan gardens & bluebell woods
- Hawk & Owl Centre and flying displays
- Enchanted Trail, Meadowvle Maze and adventure playgrounds
- Cafes, gift-shops

Ravenglass CA18 1RT

Phone: 01229 717614

www.muncaster.co.uk

Hardknott Roman Fort



This remote and dramatically sited fort was founded under Hadrian's rule in the 2nd century. Well-marked remains include the headquarters building, commandant's house and bath house.

CA19 1TH

Lat: 54.403112 Long: -3.200751

Eskdale Mill

The two overshot waterwheels power a complex arrangement of wooden hoppers, hoists and millstones that were installed in the 1700s.



Oats are fed onto the 'eye' of the top runner stone by an adjustable shoe, agitated by a 'damsel'. The meal or flour was used for animal feed or fed through an eccentrically rotating sieve for kitchen quality oatmeal. Oats were the main source of food for the valley down the centuries, although in more recent times the second wheel was added, with French stones for grinding corn. Many other pieces of machinery are on show at the mill and it is a fascinating insight into a bygone age.

Boot CA19 1TG

Phone: 019467 23335

www.eskdalemill.co.uk

Beaches

Seascale

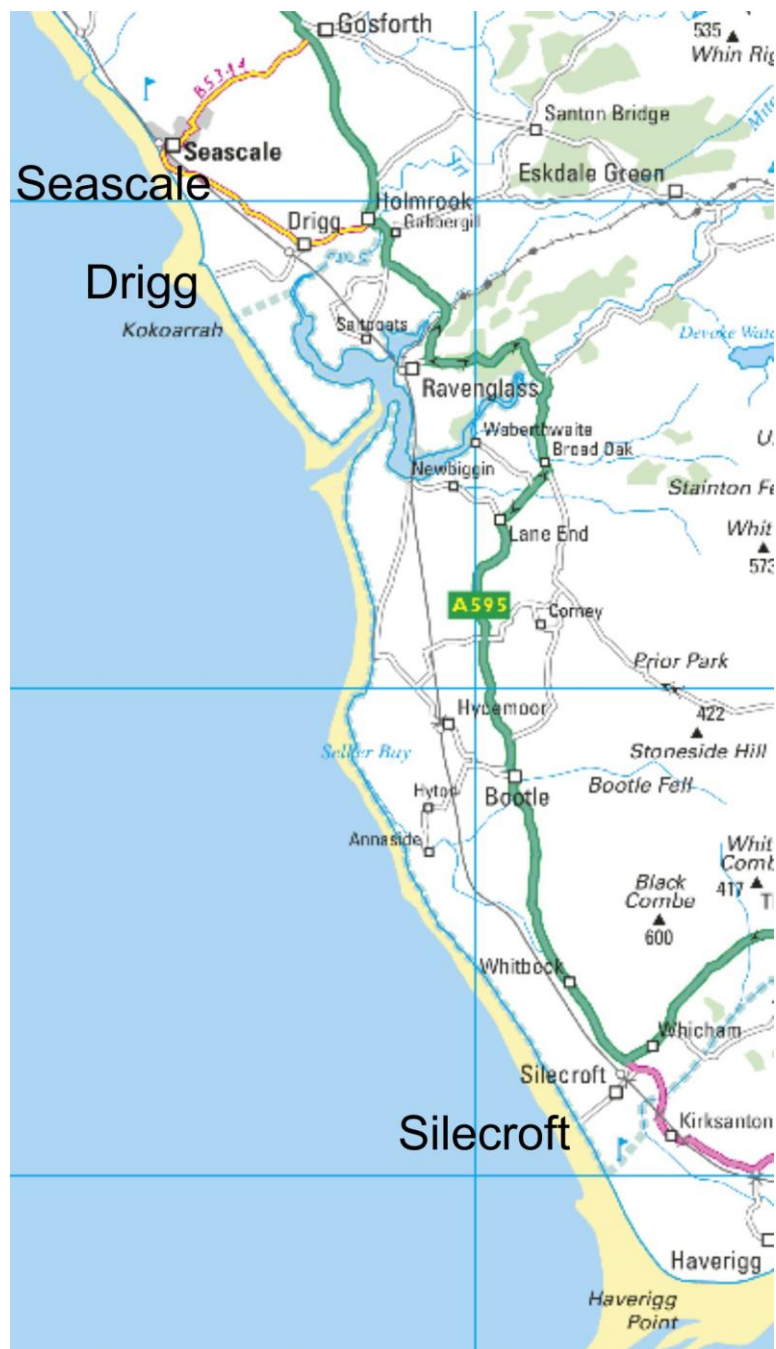
Miles of sandy beach with views across the sea to the Isle of Man and the Galloway mountains of Scotland. At high tide you can comb the shore for treasures and at low tide walk for miles on the golden sand.

Drigg

There is a small carpark and then a vast remote beach when the tide is out with sand dunes full of wildlife. If you go early in the morning you may walk for hours without seeing anyone.

Silecroft

A gently shelving shingle beach extends in both directions as far as the eye can see. Low tide reveals a vast expanse of sand, suitable for kiting, horse-riding and other activities.



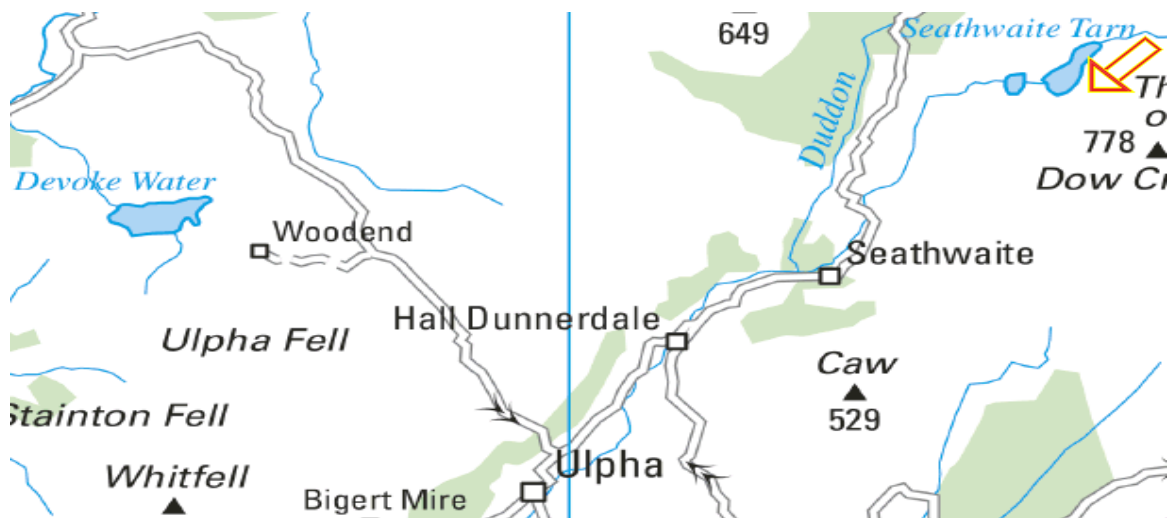
Fishing

Devoke Water and surrounding Rivers

There are many idyllic places to fish at in the area but what could be better than a ten-minute stroll down the footpath through the farm to Devoke Water, a lake hidden amongst the hills and completely out of sight from the road.

The fishing rights are held by The Millom and District Angling Association and a day pass can be obtained that enables you to fish on two still waters, Devoke water and sections of nearby rivers; The Duddon, Esk, Irt, Annas, Lickle, Black Beck and Lazy.

Tickets to cover all the waters can be purchased on the MDAA website at www.millomanglers.co.uk and can be purchased on a daily (£20) or weekly (£80) basis.



Seathwaite Tarn is a reservoir that supplies water for Barrow. It covers 66 acres and lies at 1200ft on the west facing slopes of the Coniston fells overlooking the Duddon Valley.

Permission to fish is required from the Newfield Inn at Seathwaite and the £5.00 fee goes to the local mountain rescue team.

Road Cycling in the Lakes from Woodend

Road Cycling in the Lakes is both rewarding and challenging.

The rewards are the breath-taking scenery and lower traffic levels in this southwest segment of the Lakes than busier areas such as Windermere or Ambleside. The challenge is of course the hills and having the appropriate bike for those, the weather and the roads.

Some Technical Considerations

- The Lakes roads are reasonable in nature but call for good brakes, low gearing and a compliant, not stiff bike for comfort.
- The down hills give limited opportunity before a bend, or the road surface input will necessitate braking.
- It's also very likely that the roads will be wet at some point so brakes that work well in the wet are important. For this reason, carbon wheels with rim brakes are not recommended especially due to continuous high braking.
- For the same reason all season tyres are preferred unless you can see the weather is going to be clear and dry for some time although there is still going to be run off even when it's not raining. In the picture you will note the rider is wearing waterproof boot covers on a sunny day just for the runoff on the roads.
- Gearing down to 1:1 in the lowest gear is also recommended, for example 34 tooth chain-wheel with 34 tooth lowest sprocket on the cassette on a 700c wheel.
- The road surfaces are in the main not broken but bumpy and for this reason some may find more compliant aluminium wheels and lower tyre pressures an advantage especially on downhill sections.

Planning your Route and Existing Rides

In planning your route it is important to note that Woodend is on Birker Fell and is at 850 feet altitude.

Any route you take will either have to return from the north with a 750-foot climb in under 3 miles from Eskdale Green or a 540-foot climb from Ulpha in the south in 2.25 miles including a 1:4 at the first part of that climb.

The other important planning point is you will be doing approximately 1000 feet of climbing for every 10 miles ridden in the Lakes. This needs to be considered as ride average speeds will be low and you will cover less miles in the time than you may be used to.

The Fred Whitton Challenge

Woodend is less than three miles from southern leg of the Fred Whitton Challenge, one of the toughest 100+ miles and over 10,000 feet of climbing you can do in English cycling.

The Lakes and Dales Route

Also running over Birker Fell is the Lakes and Dales cycle loop. You will notice that there is blue sign (bike surrounded by a circle) just outside Ulpha. <http://www.lakesdalesloop.co.uk/map-elevation/>. This is a 196-mile loop probably out of scope if you are staying at Woodend but added here so you know what the sign is for or if you want to pick up any part of the route.

There are many rides you can do from Woodend of a shorter and less severe nature to acquaint yourself with the area. To the north there are partly circular 32-mile routes to be had going to Wasdale Head via Gosforth, the route splitting at Santon Bridge. There are full circular routes such as a ride off Birker Fell to the north and then climbing to 1300 ft. over Corney Fell to the south with views of the Isle of Man

returning via Ulpha up the southern side of Birker Fell – approx. 25 miles.

Want Something Less Challenging?

Starting at Ravenglass Glannaventa Roman Bath House, is the Coast-to-Coast Hadrians Wall Cycle route. This is a 174-mile route from Sustrans that goes from Ravenglass in Cumbria in the west to South Shields in Tyne and Wear in the east.

You can access the start of this route by driving approximately ten miles from Woodend with your bikes and parking at Ravenglass. Cycling part of this route can give a flatter alternative to Lakes cycling. The NC72 cycle route going north gives relatively flat ride and views out west to the sea, passing through Seascale, Sellafield, Egremont and Whitehaven at 22 miles from Ravenglass, a point a leisure ride would probably return. The national cycle routes are in the main well signposted; watch out for the blue sign with the route number and next destination on.

Safety

The other hazard you may not have encountered previously is cattle on the road. There are multiple cattle grids on any ride and within those livestock is free to roam. The cows on Birker Fell don't tend to react to bikes and you need to cycle around them and of course any deposit they leave. Sheep however can be startled by a bike and are unpredictable so it's best to get a loud early warning in so they can be startled early and leave the road.

As a final riding point, if cycling from Woodend is to take care on the gated lane down to the main road. It's a farm road so it's not predictable what is on the road from one day to the next.

As a final bike maintenance point its worth considering taking some basic spares. There are few bike shops and those that tend to be mountain bike orientated so it's worth having tubes, tyres and brake blocks/pads and spare cables with you to avoid a day spent looking for something that may take half an hour to find at home.

Pubs

There are several pubs in the two valleys and surrounding towns and villages. They all welcome children; many allow well behaved dogs and they serve a range of good value meals.

If you wish to go out for a meal without your pet, and you think that it may be happy staying with us and our dog for a couple of hours, then we are always happy to dog sit for you. Have a chat with us during your stay.

All the pubs are, in our opinion, very good for food with those marked with * being favourites of ours.

King George IV, Eskdale Green - 5 miles (Great value but can be inconsistent especially when busy!)

The Newfield Inn, Seathwaite - 6 miles *

The Brook House Inn, Boot - 7 miles *

The Boot Inn, Boot - 7 miles *

The Bower House Inn, Eskdale Green - 6 miles

The Woolpack Inn - 7 miles

The Bridge Inn, Santon - 8 miles *

The Blacksmiths Arms, Broughton Mills - 8 miles *** (exceptional food but need to book, you are welcome to use our phone to do this)

The Manor Arms, Broughton-in-Furness (exceptional range of real ales)

The Kings Head, Broughton-in-Furness - 8 miles

The Strands Inn & The Screes Inn, Nether Wasdale - 10 miles

The Wasdale Head Inn, Wasdale - 14 miles

Cinema

There is an Apollo multi-screen cinema Barrow-in-Furness
www.apollocinemas.co.uk

Personal recommendations of places worth visiting

Do you like Real Ale?

You must visit the Manor Arms in Broughton-in-Furness. Located at the corner of the square and always winning awards for best pub in some category or another. Usually, 8 excellent beers but don't expect any food.



Black Pudding

Melville Tyson's Butchers and Grocers in Broughton has an extensive range of fayre and you must try the "Logan Beck" black pudding.

The Boot Inn and Brook House Inn in Boot

These are our go to pubs for food as they are consistently good and with creative menus.

The Blacksmiths Arms at Broughton Mills

There is no doubt that for lunch or evening meals, this is the best food in the area. It's a quaint country pub with exceptional quality and sensibly priced meals.

The Woolpack Inn ~ Boot towards the Hardknott Pass

On a warm and sunny late afternoon/early evening there's nothing better than eating a wood fired oven pizza in the Woolpack Garden with

absolutely stunning views.

More Pies and Pastries

The Gosforth Bakery is well worth a visit for bread and especially the handmade pies and sausage rolls. Closed on a Monday.

On your Departure

Please vacate the Buttery by 10.00am unless other arrangements have been made.

Adequate cleaning products are provided and there is a mop that uses a spray operated by a switch on the handle. We do expect our guests to leave the Buttery in a clean and orderly condition.

This includes things such as the following:

- Put the plates, glasses and cutlery away in a clean condition or in the dishwasher which can be left on.
- Leave the cooker, fridge, cupboards, kitchen worktops, sink and bowl in a clean condition.
- Leave the WC, bath and sink in a clean condition.
- Sweep or Hoover the floors and mop if necessary.
- Empty the ash bucket and if the embers in the fire are still hot from an overnight fire then put these into the emptied bucket and leave outside.
- Clean out the fire.
- Put **ALL** recyclable rubbish into the appropriate bins in the top car park and everything else into **bin liners** and place in the wheelie bin **NOT** by the gate on the way out.
- Please leave the key on the kitchen table.

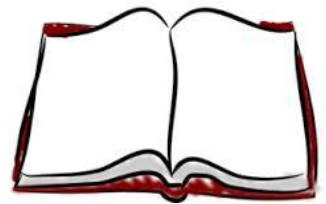
Suggestions

We would be only too happy to listen to any comments or suggestions that you have that would enhance yours and other guest's stay at Woodend.

Please see us during your stay, (we're usually here), or leave a note or email me on your return. This will help us to maintain the standard of the holidays that we provide.

Guest book

As you will see, we have some wonderful comments left in the guest book. If you have enjoyed your stay, then please fill in the guest book. If you have a complaint or an issue during your stay, please come and chat to us rather than comment on it in the guest book.



Rebooking

We are experiencing increasing numbers of people rebooking so it is worth noting that we book up well in advance.

We are delighted to have exceptional occupancy rates at Woodend. We like to think that this is due to the views, remote and peaceful nature of the location and that we welcome pets. We try to be as flexible as possible for booking periods and respond rapidly to enquiries.



We are always happy to offer a discount for returning guests but you may have to jog our memories that you have stayed before as we get 100's of names and faces through here!

Shopping and Services

Shops

Eskdale (4 miles)

Eskdale Stores - Quite a wide range of fresh, frozen and tinned food, bread, newspapers, alcohol and outdoor activity supplies. CA19 1TX

Broughton-In-Furness (8 miles)

Melville Tyson - Butchers, grocers, greengrocers and off licence

Bakery - Superb organic bread but shut on Monday

Post Office and newsagents

The Square Café

Holmrook (8 miles)

Service Station CA19 1YG

Supermarkets

Gosforth (9 miles) Simply Fresh "open all hours" shop CA20 1AS

Seascale (11 miles) Co-op CA20 1PR

Millom (14 miles) Tesco LA18 4BX

Egremont (17 miles) Co-op CA22 2AD

Whitehaven, (24 miles) Tesco, Morrisons, Sainsburys

Barrow-in-Furness (25 miles), Asda, Morrisons, Tesco, Aldi

Banks and Cash Withdrawal

Ulpha – The Browfoot Room

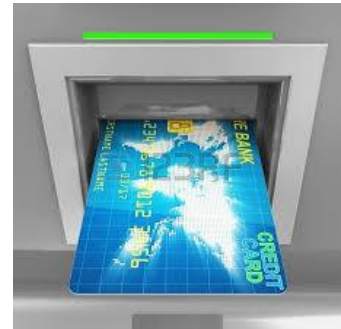
Outreach Post Office with cash withdrawal every
Thursday 1.00 – 3.00 pm

Eskdale – Post Office

Holmrook – Service Station has a cash machine

Gosforth – HSBC with cash machine

Millom – Tesco with cash machine



Garages

Garage services

Holmrook – Riverside Garage CA19 1UH

Millom – Whartons Garage LA18 5BB

Kirkby-in-Furness – Moorland Service Station LA17 7TF

Petrol stations

Holmrook (approximately 7 miles) also has a shop attached.

Broughton-In-Furness (approximately 8 miles)

Vet



Broughton-In-Furness

Browne and McKinney

East View

Church St

Broughton-in-Furness

LA20 6HJ

01229 716230

Doctors

Seascale Health Centre (13 miles)

Gosforth Road,
Seascale CA20 1PN
Telephone 019467 28101

Duddon Valley Medical Practice (10 miles)

Foxfield Road,
Broughton-in-Furness LA20 6EZ
Telephone 01229 716337

Emergency Doctor

Furness Emergency Doctors Services
Furness General Hospital, Dalton Lane
Telephone 01229 431999



Hospitals - Accident and Emergency Departments

Furness General Hospital (approximately 25 miles)

Dalton Lane
Barrow-In-Furness
LA14 4LF
01229 491043

West Cumberland Hospital (approximately 24 miles)

Homewood
Hensingham
Whitehaven
CA28 8JG
01946 523273



How to Light the Multifuel Stove

This is one way to light the stove.

Ensure that the stove firebox is not completely full of ash, certainly not right up to the bottom of the grate. This is accessed behind the small door at the bottom and removed using the small black handle.

Open the bottom round air vent in the middle of the bottom door of the stove or even open the bottom “ash pan” door.

Break about 1/6 of the fire lighter block off or use pieces of newspaper and scrunch them into loose balls. Some people tie rolled up sheets of newspaper into knots.

Put the firelighter or newspaper in the centre of the firebox.

If you have them, lay a few pieces of kindling wood over the top so they are criss-crossed and stack a few pieces of small coal on top and around, so they are touching the wood.

Light the newspaper or firelighter in a couple of places at the bottom and when they are alight close the main door of the stove.

Once the wood has caught alight and the fire is going well you can open the door and gently place some more small pieces of coal onto the fire. At this stage you can turn the air supply down a little by closing the bottom door but leaving the round air vent open a little but aim to maintain good flames whilst not letting the fire smoulder.

Once the coal is burning well, you can put some more on but don't load the fire up too much in one go.

When it's burning well, and loaded, you can close the bottom air vent or leave it slightly open. The wind outside will have an effect on the way the fire lights and performs so use this as a guide only.

Nb. The top vent is designed to be used when burning logs only.

Privacy Policy

This policy is effective from April 2018

Woodend Holiday Cottages respects your right to privacy and is committed to protecting you. No personal information is displayed online, in unsecured areas or accessible to the public. Neither do we sell or rent our customer information to any outside parties.

What we collect

During the booking process we may collect the following information:

- Contact information ie. name, address, email, telephone numbers,
- Party information ie. numbers of adults, children, pets, etc.
- Debit or credit card details (which we do not store on our systems)
- Demographic information on how you found our website,
- Other information relevant to your enquiry or booking.

All customer information is used solely for processing bookings

What we do with the information we gather

We use email as our primary mechanism for communicating with you about your booking and to communicate with you following your stay.

We may require further information to understand your needs & provide you with a better and more relevant experience, such as:

- Internal record keeping and monitoring payments,
- Authorized payment through debit or credit card,
- In the unlikely event of a problem with your booking we will communicate this to you via e-mail or the telephone,
- We may use the information to improve our products and services,

- We may periodically send emails about products, special offers or other information which we think you may find interesting using the email address which you have provided,
- We use Google Analytics to analyse some aspects of our website and in doing this we share certain non-personal usage data with Google. This shared usage data does not identify you individually and is maintained in accordance with the Google Privacy Policy.

Security

We are committed to ensuring that your information is secure and to prevent unauthorised access or disclosure we have put in place suitable physical and electronic safeguards.

Links to other websites

Our website may contain links to other websites of interest. However, once you have used these links to leave our site, you should note that we do not have any control over that other website. Therefore, we cannot be responsible for the protection and privacy of any information which you provide whilst visiting such sites and such sites are not governed by this privacy statement.

Controlling your personal information

We will not sell, distribute or lease your personal information to third parties unless we are required by law to do so.

If you believe that any information we are holding on you is incorrect or incomplete, then please contact us and we will promptly correct it.

You may request details of personal information which we hold about you under the Data Protection Act 1998. If you would like a copy of the information held on you please email enquiries@woodendhouse.co.uk or write to us at: Woodend Holiday Cottages, Woodend Barn, Ulpha, Broughton-in-Furness Cumbria LA20 6DY